

THE FIG & OLIVE

RESTAURANT

VEGAN MENU

BREAKFAST

Served 9am-11.30am

VEGAN BREAKFAST, avocado, onion, pepper & potato hash, spinach, button mushrooms, grilled plum tomatoes, baked beans & a rack of toast **£13**

HOMEMADE GRANOLA, soya milk & berries **£6.5**

RACK OF TOAST, vegan spread, jam & marmalade **£3.5**

SMASHED AVOCADO, chilli, lime & homemade sourdough **£10**

SMALL PLATES

CHICKPEA & HERB FALAFEL, tzatziki, rocket & pomegranate **£8**

CAULIFLOWER FRITTERS, sweet & sour glaze & mango chutney **£8**

SUMMER BUDDHA BOWL, apricot & raisin couscous, roasted chickpea, cucumber, avocado, sweetcorn & tahini dressing **£14**

Add Falafel **£4.5**

SIDES

CORIANDER RICE **£4** | FLASH FRIED GREENS **£4.5** | HOUSE SALAD **£3.5**

APRICOT & RAISIN COUS COUS **£4.5** | SKIN ON FRIES **£4.5** | CHUNKY CHIPS **£5**

LARGE PLATES

MEZZE BOARD, chargrilled flat bread, confit garlic, beetroot hummus, baba ghanoush, rose harissa tzatziki, artichokes, romesco chilli sauce, olives & sun blushed tomatoes **£15** Add Falafel **£4.5**

ZA'ATAR SPICED CELERIAC BURGER, avocado slaw, salsa & sweet potato fries **£14**

MOROCCAN JACKFRUIT TAGINE, chickpeas & jackfruit with grilled flatbread or steamed coriander rice **£14.25**

PEA & ASPARAGUS RISOTTO, petit pois & asparagus shavings **£15**

FALAFEL WRAP, mixed leaf salad, tzatziki & sweet potato fries **£10.5**

SPINACH & ROASTED SQUASH PIZZA, grilled artichoke **£15**

DESSERTS

SORBETS, 3 scoop selection **£4.75**

CRANACHAN, homemade granola, coconut yoghurt & mixed berries **£6.5**

RASPBERRY & KIWI MOUSSE, kiwi julienne, fresh raspberry & edible flowers **£7.75**

WHY NOT TRY OUR VEGAN ROAST DINNER?

Served 12.30pm-8pm (Sunday Only)

SPICED MUSHROOM NUT ROAST, rosemary & garlic roasted potatoes, seasonal vegetables, cherry vine tomatoes & vegetable jus **£15**

FOOD ALLERGIES & INTOLERANCES Please speak to our staff about the ingredients in your meal when making your order. We cannot 100% guarantee our premises are gluten & nut free. *Thank you*

THE FIG & OLIVE

RESTAURANT

SERVING TIMES

MONDAY - SATURDAY

BREAKFAST

9AM-11.30AM

LUNCH

12.30PM-4.30PM

DINNER

6PM-9.30PM

SUNDAY & BANK HOLIDAYS

BREAKFAST

9AM-11.30AM

LUNCH & SUNDAY ROASTS

12.30PM-8PM

(NO ROASTS ON BANK HOLIDAYS)

FOOD ALLERGIES & INTOLERANCES

PLEASE SPEAK TO OUR STAFF ABOUT THE INGREDIENTS IN YOUR MEAL WHEN MAKING YOUR ORDER. WE CANNOT 100% GUARANTEE OUR PREMISES ARE GLUTEN & NUT FREE.

OUR FOOD IS FRESHLY PREPARED AND MAY RESULT IN SLIGHT DELAYS AT PEAK TIMES, YOUR PATIENCE IS APPRECIATED

Thank you